Media, PA — Bringing constituent services straight to the community, Congressman Joe Sestak (D-PA) today held a Congress on Your Corner event at the Middletown Township Pride Day celebration. The program is designed to take his office out into the communities he serves in order to hear from constituents so that he may better represent the families of the seventh district.

"I believe accountability and accessibility to the families of our district are very important to being an effective Representative and I am committed to both," said Rep. Sestak. "Instead of asking folks to come to my office, I want to also go to them and make it convenient for them to see their Member of Congress."

Following a visit to the 38th Annual Harry Watson / Knights of Columbus Relay Carnival held at his alma mater, Cardinal O'Hara High School, Rep. Sestak and his staff opened a field constituent office at the Pride Day celebration.

"This is our third Congress on Your Corner event and it is the best opportunity for me to meet with and address the concerns of my constituents," said Rep. Sestak. "As Congressman, I want to provide the best possible service for my constituents. Through our Congress on Your Corner events, I am able to hear directly the opinions of my constituents and help them secure access to healthcare, a quality education, veterans' benefits, or assistance for small businesses and economic development."

At the Congress on Your Corner events, Rep. Sestak and his staff are available to discuss issues that are on the voters minds, listen to their opinions and even open case files to help them with any problems they may be having with a federal agency. In addition, Congressman Sestak provides materials from the federal government, including forms, brochures, and informational packets on Social Security, Medicare, Veterans benefits, and federal financial aid programs.

Also at the Middletown Township Pride Day celebration, Rep. Sestak helped judge the Brodeur's Restaurant hamburger contest. The winning burger will be called "Middletown Burger" and featured at Brodeur's Restaurant for the next year.

Born and raised in Delaware County, former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, including Commander of an aircraft carrier battle group of 30 U.S. and allied ships with over 15,000 sailors and 100 aircraft that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of "DeepBlue," the Navy's anti-terrorism unit that established strategic and operations policies for the "Global War on Terrorism." He served as President Clinton's Director for Defense Policy at the National Security Council in the White House, and holds a Ph.D. in Political Economy and Government from Harvard University. According to the office of the House Historian, Joe is the highest-ranking former military officer ever to serve in the U.S. House of Representatives.